Almost J Attitude Is Everything

- Attitude is the way you think.
- Your attitude is something other people can actually see. They can hear it in your voice, see it in the way you move, and feel it when they are with you.
- Your attitude expresses itself in everything you do, all the time, wherever you are.
- Positive attitudes always invite positive results. Negative attitudes always invite negative results.
- Attitude makes a difference in everything you do for your entire life, every hour of every day. What you get out of each thing you do will equal the attitude you have when you do it.
- Anything that you do with a positive attitude will work for you. Anything that you do with a negative attitude will work against you.

If you have a positive attitude, you will look for ways to solve the problems that you can solve, and you will let go of the things over which you have no control.

You can develop a positive attitude by:

- Emphasizing the good
- Being tough minded
- Refusing defeat

The good news is that... the bad news can be turned into good news when you change your attitude.

Ability is what you're capable of doing. Motivation determines what you do. Attitude determines how well you do it.

There is little difference in people... The little difference is attitude. The big difference is whether it is

Positive or Negative.

YOU ARE IN CONTROL OF YOUR ATTITUDE!!